FAQs

betterworks **university**

Q What is the total time commitment for the program?

The certification program is a combination of both live and self-paced sessions. The time commitment is approximately 10-12 hours, inclusive of 3-4 hours of self-paced e-learning and 3 live sessions. Live sessions range from 45 minutes to 2 hours. Considerations should be made for possible additional time for exam **preparation and completion**.

Q Will I have access to the Betterworks technology?

This program does not require access to the Betterworks platform. However, as a part of the curriculum, a Betterworks training environment will be available for 60 days. Full access to the Betterworks platform will require a subscription.

Q How was the curriculum developed?

The focus of our program is developing the skills to get started with Performance Enablement Coaching. Our program uses industry leading research, subject matter expertise, and best practices to lay the foundation for successful performance enablement programs.

Q What should I expect in the live sessions?

There are 3 live sessions of varying length and content. The **Program Kickoff** is 45 minutes. We then follow up your online coursework with a group discussion on how to **implement OKRs within an organization**, which is 2 hours. Following the group discussion, you will develop a job-aid to guide you through an OKR workshop and reflect on Conversations, Feedback, and Recognition (CFRs) as part of a performance enablement program. We then dive into **implementing and managing CFRs within an organization**, and wrap up with exam preparation, 2 hours. All of our live sessions are interactive and your participation in group discussions is highly encouraged.